



C.E.I. Chatterbox

Members News letter

December 2021

Issue 3

Huge congratulations to 3 of our CEI members who won the ANWE NSW HOTY Competition

Consagrados 1
Condamine Prospect
ridden by Mark Mason



Consagrados 2
Gramayre Deon
ridden by- Karen Yanik



Preliminary
Greenwood Sitara
ridden by Katie Ferguson





Camden Working Equitation Inc

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<https://www.facebook.com/camdenequitationinc/?ti=as>

IMPORTANT MEMBERS UPDATE 2022

Due to Covid and competition restrictions this year, we have not been able to hold the minimum number of events to fairly award the CEI HOTY/POTY and AGE AWARDS For the 2021/2022 membership year.

THE GOOD NEWS

Championship recognition for 2021/2022 will be awarded to the winners competing in either of the following events:

Working Equitation

Open WEQ 3 phase competition to be held at SIEC on the weekend of 18th/19th June 2022 (CEI members attending)

Dressage

Our members day dressage competition to be held at Camden on Sunday July 24th 2022

SPECIAL OFFER

A once only opportunity

2021/22 New and renewed membership from now up until 30th June 2022 will be ½ price - only \$25

2022/23 Membership year begins on 1st July 2022. All members who have paid full price for the 2021/2022 will receive ½ price membership for 2022/2023.

Glynis Dickinson
CEI President



CAMDEN EQUITATION INC

UPDATED 2022 DATES

as of 30th november 2021



<u>JAN</u>	<u>NIL</u>		
<u>FEB</u>	<u>5th-6th</u>	<u>WORKING EQUITATION</u> <u>NSW HOTY POINTS</u>	<u>SIEC</u> A 4PACK
<u>MARCH</u>	<u>13th</u> <u>NIL</u>	<u>DRESSAGE</u>	<u>CAMDEN</u>
<u>APRIL</u>	<u>10th</u> <u>23rd 24th 25th</u>	<u>FUN DAY</u> <u>NSW State Championships</u> <u>NSW HOTY POINTS</u>	<u>SIEC</u> A4 pack <u>SIEC</u>
<u>MAY</u>	<u>8TH</u>	<u>DRESSAGE</u>	<u>CAMDEN</u>
<u>JUNE</u>	<u>18TH-19THWEQ</u>	<u>WORKING EQUITATION</u>	<u>SIEC</u> A12-13
<u>JULY</u>	<u>24TH</u> <u>2020/2021</u>	<u>DRESSAGE</u> <u>MEMBERS CHAMPIONSHIP</u>	<u>CAMDEN</u>
<u>AUG</u>	<u>28TH</u>	<u>DRESSAGE</u>	<u>CAMDEN</u>
<u>SEPT</u>	<u>NIL</u>		
<u>OCT</u>	<u>8th-9TH</u>	<u>WORKING EQUITATION</u> <u>NSW HOTY POINTS</u> <u>WEQ NATIONALS</u>	<u>SIEC</u> A 12-13 <u>TBC</u>
<u>NOV</u>	<u>27TH</u>	<u>MEMBERS DRESSAGE</u>	<u>CAMDEN</u>





NOW OPEN ON NOMINATE

Working Equitation 3 phase to be held at **SIEC**

5th and 6th February

Dressage competition held at **Camden bi centenary grounds**

13th February EA and WEQ dressage tests plus practice obstacle course

Coming up April 10th 2022



MEMBERS FUN DAY AT SIEC

This fills fast as strictly limited numbers opportunities for:

1. Private lessons with Chris Fowles
2. Protocol dressage tests with Carolyn James
3. Obstacle course guidance with one who knows!!!

This day has something for all of our members and is held 2 weekends before the NSW Championships so a great time to familiarize your horse to the area.



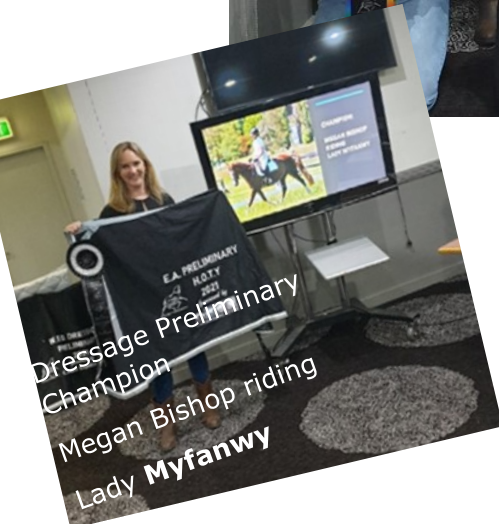
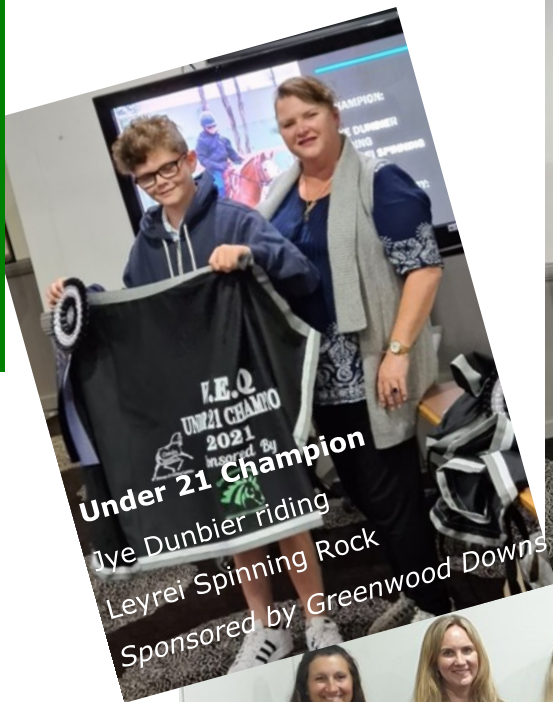
Trivia Night

We had a great night with lots of recognition and rug presentations to our 2020/2021 HOTY/POTY and Age achievers.

Thank you to Kate for organizing the trivia questions it was a lot of fun and also the yummy cake you made for us

Thank you to Nikita for organizing the power point presentation

Plus, as always, our wonderful committee who helped on the night



Presidents Report Glynis Dickinson



December 2021

Merry Christmas and Happy New Year to all of our Members /Sponsors and Volunteers for the ongoing support you have given our club during a very difficult 2021.

As we say farewell to 2021, we all look forward to a fresh New Year to enjoy our horses and get back to getting out and about.

We did manage to hold a few comps at the beginning of the year so once and again a big thank you to our New Committee who have still been working behind the scenes. Our New Year's calendar of events is full of exciting opportunities for members to compete in Dressage and Working Equitation.

- Special members only days to put on your calendar
- June 18- 19th SIEC open 3 phase WEQ comp with 2021/2022 championship recognition for our members competing on the day.
- July 24th Camden Members Championship 2021/2022 dressage
- April 10th Fun day at SIEC
- November 20th Members only dressage Camden

See page 2 for special members discount for this year only

Renew your membership now.

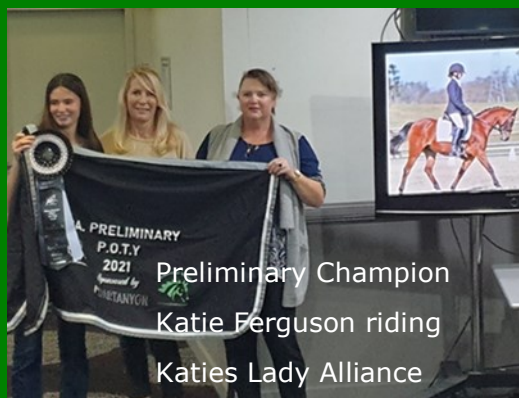


WELCOME

To our new members

Chloe Dowd
and
Sarah Davies

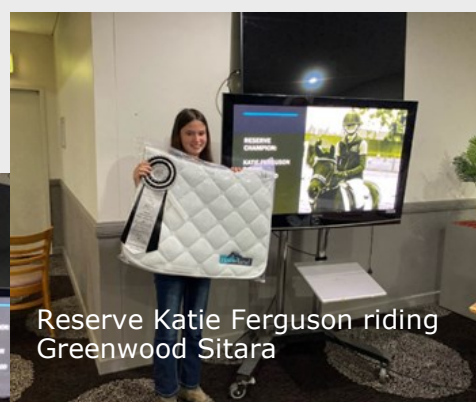




Preliminary Champion
Katie Ferguson riding
Katies Lady Alliance



WEQ Youth under 18
Champion Katie Ferguson riding
Greenwood Sitara



Reserve Katie Ferguson riding
Greenwood Sitara

Club Merchandise Available Via Nominate

Poloshirt

\$60



Also available in short sleeve \$50



Vest

\$60

Soft Shell Great all year around

Saddle Cloth

\$63



Diamond Cotton includes upto 4 digits
available black or white Pony/Full

Please note our club uniform is all you need to compete in any of the WEQ events or classes. EA dressage tests you must dress accordingly.



Kates Korner

Tips & Hints for Dressage Training



Basic Principles:

In training we must always remember it is the primary task to achieve a rhythmical free forward and balanced movement. To achieve this, we look at the basic principles as a training foundation.

Rhythm: Correct sequence of footfalls in the regular beat of each gait.

Straightness: When the horse's spine is aligned with the track it is travelling whether it be straight or curved.

Balance: Is the result of impulsion in harmony with collection

The horse must carry itself by its own impulsion, without seeking support from the rider's hand.

Shortening of the neck should be strictly avoided as it deprives the horse of its natural impulsion and free forward movement.

The horse's carriage should be the result of proper forward movement and impulsion. A forced collection is highly detrimental, as it prevents the horse from engaging its hocks and using the hindquarters in the correct manner.

To collect a horse means creating suppleness and lightness, thereby producing relaxation of the horse's back muscles.

Proof of true collection is a free, unrestrained and energetic forward movement. Proper head carriage becomes a natural consequence and is gradually developed from this forward movement, thus leading to correct development.

Some Do's and Don'ts when training:

DO 1001 transitions

DO variation

DO watch for rhythm, that is regular, even and balanced

DO allow your horse to develop his natural cadence over time as he gains balance and strength.

DO watch for tracking up, suppleness and relaxation

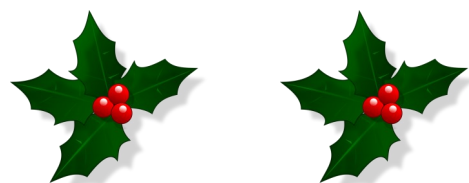
DON'T make your horse go too fast. Momentum is not impulsion!

DON'T let your horse become bored

DON'T set your horse up to fail. Make exercises achievable. Only increase the difficulty as he develops in his mind and body can tolerate.

Watch this space for more tips and info. Happy riding, see you in the arena.

Kate Prestney



Executive Committee

President Glynis Dickinson glynis.dickinson@bigpond.com

Vice President Karen Worsnop karenworsnop@hotmail.com

Treasurer Tricia Mcgrath treasurer.cei@gmail.com

Secretary Melissa Rush camdenequitation.secretary@gmail.com



General Committee

Nicole Dunbier

Marie Pout

Debra Carter

Sigrid Barra

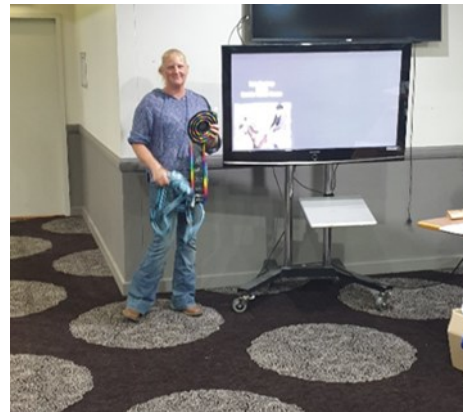
Carol Griffiths

Sandra Richards

Sam Marshall

Ruth Reeves

Kate Prestney



Thank you to our wonderful committee, who can be relied on at every event.

As a Committee member with CEI you are entitled to

- 1. Discount competition entries**
- 2. Priority entries on special training days**
- 3. 2 special socials a year**
- 4. Priority draw placements when requested if possible.**
- 5. Cost price club merchandise for your personal use**



Training tips

SIDE PASS POLE

Introductory training tips

Best to place this pole near a fence so horses are head to wall-then riders are not pulling on horses mouth

Walk horse over pole and allow horse to become accustomed to the pole under their belly

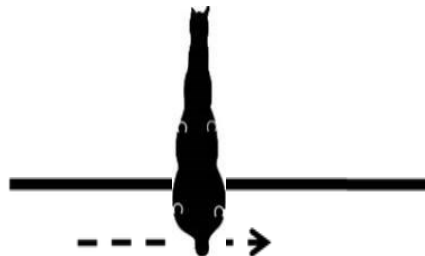
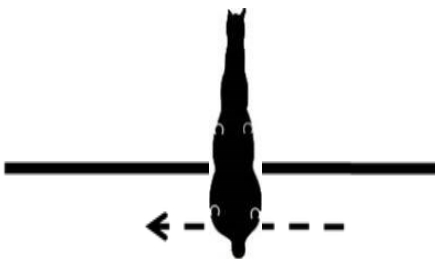
STAND - RELAX

Rider should have the pole under their feet- DO NOT look down,-this puts your horse off balance

Once relaxed and standing quietly horses may then progress to standing 1mt from end of pole- RELAX - then leg -yield off

Sit straight- shoulders should move SLIGHTLY ahead of the quarters Keep neck straight with gullet slightly away from the direction of travel

THIS IS THE MOST DIFFICULT OBSTACLE ON THE COURSE



Thanks to Chris Fowles for the training tips



A HUGE THANK YOU TO OUR SPONSORS FOR THEIR GREAT CONTRIBUTION TO OUR CLUB WE HOPE WE CAN WELCOME YOU BACK TO THE PROGRAMME IN OUR NEW FINANCIAL YEAR

PLATINUM



GOLD LEVEL

GREYSTONE VACUUMS



SILVER LEVEL

GLADIATOR FLOATS



GENERAL

HORSELAND NARELLAN



HORSE N AROUND
MULGOA



THE STUCHBURY FAMILY